

In PHYSICAL EDUCATION you should...

1. After each lesson

After each lesson review your lesson notes and make a note of anything that you don't understand so that you can ask about this in the next lesson. Locate and read the relevant material in the WJEC textbook (generally, one lesson is equivalent to one double page spread). Add anything extra or interesting to the notes in your exercise book and complete any outstanding questions.

2. Weekly

Use Physical Education revision sites, locate the pages relevant to the material that you have been covering in lessons. Add any extra or interesting information to your notes. Links to useful sites can be found on the PE Moodle pages – here are some suggestions:

• James Morris on youtube:

<https://www.youtube.com/channel/UCChU8cYZY5xpQ7pBIklu3Xw?app=desktop>

Everlearner: <https://theeverlearner.com/courses/all/wjec>

Revision World: <https://revisionworld.com/>

3. Fortnightly

Regularly visit the Moodle course pages to check for new materials – work your way through the tutorials, quizzes & further reading.

4. Termly

Follow a Mooc course based on PE and Sport

<https://www.unifrog.org/student/moocs/long-list>

<https://www.mooc.org/>

5. Throughout the year

Complete past paper questions with mark schemes are made available on WJEC.

https://www.wjec.co.uk/qualifications/physical-education-as-a-level/#tab_overview

You should work through these questions to test your knowledge and critically assess your work using the mark schemes. Aim for two every half term!

Access other exam board past paper questions and mark schemes to extend your knowledge further

Edexcel: <https://qualifications.pearson.com/en/qualifications/edexcel-a-levels/physical-education-2016.coursematerials.html#filterQuery=category:Pearson-UK:Category%2FSpecification-and-sample-assessments>

EDUCAS https://www.eduqas.co.uk/qualifications/physical-education-as-a-level/#tab_overview

AQA <https://www.aqa.org.uk/subjects/physical-education/a-level/physical-education-7582/assessment-resources>

OCR <https://ocr.org.uk/qualifications/as-and-a-level/physical-education-h155-h555-from-2016/assessment/>



SIXTH FORM INDEPENDENT STUDY